

## Trauma Informed Matching and Support Planning

Adoption East Midlands has a commitment to helping all families who adopt a child via our agency to have empathy for the lived experiences of our children and an understanding of the impact of developmental trauma on the brain and on a child's internal working model.

It is our **expectation** that families in inter-agency matches with Adoption East Midlands will have had some form of training on the impact of developmental trauma and in therapeutic parenting techniques.

In turn Adoption East Midlands and our Local Authority Partners will provide a trauma informed pathway for all children and families in the matching process that will do the following: -

- Develop further families understanding of the impact of developmental trauma and help them connect to the lived experiences of the child/ children they hope to adopt.
- Provide professional adoption support planning, which is trauma informed and therapeutic in its delivery, using strengths-based language.
- Provide tangible and accessible support in early placement via the Therapeutic Parenting Plan

Adoption East Midlands Trauma Informed Pathway includes: -

- The Therapeutic Parenting Toolkit (resource booklet for adopters)
- The Adoption Support Meeting
- AEM Adoption Placement Report
- AEM Adoption Support Plan
- The Therapeutic Parenting Plan