

SOLUTION CIRCLES

We're pleased to announce some upcoming peer support sessions for adopters across the region. Known as Solution Circles, these groups of up to 10 parents will run as a supportive space to connect with other adopters and share problems or concerns to overcome together. These sessions will be facilitated by Zoe Brown, Educational Psychologist from Notts County Council but each date can be attended by anyone in the AEM region.

Upcoming events

- ✓ Tuesday 30th July 9:30am - 11:30am, West Bridgford
- ✓ Thursday 5th September - 12:30pm - 2:30pm, Derby
- ✓ Wednesday 2nd October - 12pm - 2pm, Sutton-in-Ashfield

Adopters are invited to join these sessions with any challenges or problems that they wish to find solutions to. You are also welcome to join in a supportive capacity to support fellow adopters rather than bring a concern should you wish. No matter how big or small your concern, this solution focused technique will enable a supportive space for connection and peer support with fellow adopters in the region.

For more information on the format of these groups and how Solution Circles run please view this [webpage](#)

To register your interest please [click here](#)

For more information email us at
CentreOfExcellence@adoptioneastmidlands
.nottsc.gov.uk