

Young Adopted Adults Group

Supportive. Change. Social.

Are you an adopted young adult aged 17–25 living in Derbyshire, Derby, Nottingham City or Nottinghamshire? Why not join our friendly monthly group?

This is a welcoming space to connect with others who share similar experiences, build friendships and feel understood. We offer a mix of social nights, group discussions, opportunities to make a difference and relaxed activities with people who “get it.”

We meet monthly on Mondays, 6–8pm, alternating between Derby and Nottingham. Nottingham sessions focus on making a difference, while Derby meet-ups are more social and relaxed.

Our Coverage

✓ **Nottingham**

✓ **Derby**

↓ To register your interest, please click on ‘Book Now!’

Our Services

- ✓ People that understand you.
- ✓ The ability to put your voice forward.
- ✓ A welcomed and varied group of people.
- ✓ Group discussions.
- ✓ Socialising.
- ✓ Make a difference.

Book Now!

To find out more information, contact:

Youth.connect@adoptioneastmidlands.nottscc.gov.uk